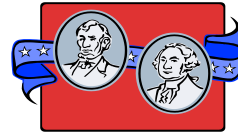


- F2S Farm to School Produce
- * "Lighten up!" Lunch Choice (Salads made with reduced calorie dressings)
- Vegetarian Entrees
- All Turkey Products
- Part Skim Mozzarella Cheese
- Whole Grain (WG)

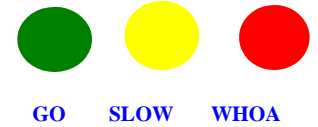
February 2012

<http://www.sarasotacountyschools.net>

K-1



Milk Available Each Day
 Skim Milk
 1% Low fat White Milk
 1/2% Low fat Chocolate Milk
 1/2% Low fat Strawberry Milk



Please Note: Yogurt available daily as an entrée selection

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>All Rolls, Sandwich Breads, & Biscuits are Whole Grains</p>		<p>1 Cheeseburger PB Jamwich Tator Tots Grape Juice</p>	<p>2 Shepherd's Pie w/ WG Biscuit Chicken Quesadilla F2S Broccoli w/Dip Pineapple</p>	<p>3 Chicken Nuggets w/Brown Rice Moza Pesto Pita Garden Cup F2S Tangerine</p>
<p>6 Cowboy BBQ w/ Texas Toast Cheese Pizza Garden Grove Salad Pears</p>	<p>7 Roasted Chicken w/ Brown Rice Fish Sandwich F2S Roasted Potatoes Rosy Applesauce</p>	<p>8 Spaghetti w/ WG Roll Cuban Sandwich F2S Spinach & Romaine Peaches</p>	<p>9 Grilled Cheese Sandwich Turkey Sandwich Tomato Soup Grapes</p>	<p>10 Chicken Patty Sandwich Bean & Cheese Enchilada F2S Carrots w/Dip F2S Orange</p>
<p>Soul food Celebration 13 BBQ Chicken w/ Cheese Grits Fish Sticks w/ Cheese Grits Corn Pineapple 0</p>	<p>Be My Valentine! Brunch 14 Pancakes w/Sausage Scrambled Eggs w/ Oatmeal Muffin F2S Roasted Sweet Potato Cinnamon Apples</p>	<p>15 Cheese Pizza Tuna Salad Sub F2S Spinach & Romaine F2S Tangerine</p>	<p>16 Nachos w/Chili & Cheese Baked Potato w/Chili/Cheese Garden Cup Orange Juice</p>	<p>17 BBQ Rib Sandwich Cheese Quesadilla F2S Cucumber w/dip Peaches</p>
<p>20 Presidents Day NO CLASSES</p>	<p>21 Asian Chicken w/ Brown Rice PB Jamwich F2S Spinach & Romaine Applesauce</p>	<p>22 Grilled Cheese Sandwich Chicken Pita Pizza Tomato Soup Grapes</p>	<p>23 Crunchy Taco w/ Mexican Rice Beef & Bean Burrito Refried Beans F2S Strawberries</p>	<p>24 Fish & Cheese Sandwich Sloppy Joe Sandwich F2S Roasted Potatoes Pineapple</p>
<p>27 Pizza Orange Chicken w/ Brown Rice F2S Spinach & Romaine Rosy Applesauce</p>	<p>28 Chicken Supreme w/ WG Roll Cheeseburger F2S Cucumber w/Dip Grapes</p>	<p>29 Macaroni & Cheese w/ WG Roll Turkey Sandwich Steamed Broccoli F2S Strawberries</p>	<p>Fruits and Vegetables grown by the following Farms:</p>	



GOODSON
TAYLOR
CHAPMAN
DUDA
ALLADIN
OFELIA
HUNSADER

VOYAGER
SUMPLY
IPS
J&K
LEE
WILLIAMS
GARGULIO



MENU SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER